

NORTHEAST MHC CELEBRATES THE HOLIDAYS

By Karen Zarsadiaz-Ige, Public Information Officer II



On Thursday, December 20, 2012, the Los Angeles County Department of Mental Health's (LACDMH) Northeast Mental Health Center (MHC) invited staff members and clients of the Older Adults' Field Capable Clinical Services (FCCS) program to a holiday luncheon at the Fellowship Hall at the Hermon Community Church.

"It's an honor to be here. You are all the soul of our community and really make our culture what it is," said LACDMH Emergency Outreach Bureau Deputy Director Tony Beliz, Ph.D. "You make our community and our lives richer."



The luncheon and holiday celebration included singing, dancing, poetry and story-telling by clients and staff. It was the first holiday gathering specifically for the Older Adults' FCCS program at the Northeast MHC.

"The true meaning of the holidays is to appreciate life in the company of friends and loved ones; to be thankful for our blessings," stated LACDMH District Chief Laura Span, M.A., L.M.F.T. "It is so important to enjoy the little things in life; looking at a flower, enjoying a sunset or even seeing the holiday season through the eyes of young children. Many of you may have grandchildren and can appreciate their excitement and anticipation for the gift that may be coming to them. I hope that today, a gift to you from this gathering can be the beginning of a new friendship; someone to talk to and share things that you may have in common, and to have fun with."

